

Population Distribution by Sex, Number of Households, Area and Density by County and District

	Male	Female	Total	Households	Area in Sq. Km.	Density
KENYA	19,192,378	19,417,719	38,610,097	8,767,954	581,309.29	66.42
NAIROBI	1,605,219	1,533,150	3,138,369	985,016	695.10	4,514.96
NAIROBI WEST	352,226	332,539	684,765	212,295	261.78	2,615.81
NAIROBI EAST	582,550	561,866	1,144,416	369,866	226.69	5,048.46
NAIROBI NORTH	545,695	516,391	1,062,086	327,428	109.26	9,720.77
WESTLANDS	124,748	122,354	247,102	75,427	97.38	2,537.52
NYANDARUA	292,152	304,116	596,268	143,879	3,245.25	183.74
NYANDARUA NORTH	151,508	157,043	308,551	76,597	1,879.54	164.16
NYANDARUA SOUTH	140,644	147,073	287,717	67,282	1,365.70	210.67
NYERI	339,724	353,834	693,558	201,703	3,337.09	207.83
NYERI NORTH	160,117	164,542	324,659	95,608	2,286.85	141.97
NYERI SOUTH	179,607	189,292	368,899	106,095	1,050.25	351.25
KIRINYAGA	260,628	267,426	528,054	154,220	1,479.09	357.01
KIRINYAGA	260,628	267,426	528,054	154,220	1,479.09	357.01
MURANG'A	457,860	484,721	942,581	255,696	2,558.82	368.37
MURANGA NORTH	166,521	179,762	346,283	97,701	934.67	370.49
MURANGA SOUTH	210,352	222,349	432,701	114,578	1,025.16	422.08
THIKA EAST	25,190	25,313	50,503	13,206	286.55	176.24
GATANGA	55,797	57,297	113,094	30,211	312.43	361.98
KIAMBU	802,603	820,679	1,623,282	469,244	2,543.42	638.23
KIAMBU	125,795	127,956	253,751	75,342	189.06	1,342.14
KIKUYU	130,367	135,462	265,829	77,045	236.06	1,126.11
LIMURU	65,192	65,940	131,132	36,542	281.70	465.50
LARI	60,633	63,262	123,895	30,779	439.16	282.12
GITHUNGURI	72,844	74,919	147,763	39,350	173.46	851.85
THIKA EAST	13,587	12,983	26,570	7,235	126.48	210.07
THIKA WEST	109,913	108,631	218,544	72,051	327.07	668.18
RUIRU	120,550	120,457	241,007	75,184	291.98	825.42
GATUNDU	103,722	111,069	214,791	55,716	478.44	448.94
MOMBASA	486,924	452,446	939,370	268,700	218.86	4,292.09
MOMBASA	268,040	255,143	523,183	140,535	126.24	4,144.40
KILINDINI	218,884	197,303	416,187	128,165	92.62	4,493.40
KWALE	315,994	333,937	649,931	122,047	8,270.15	78.59
KWALE	74,320	77,658	151,978	28,559	1,031.20	147.38
KINANGO	99,368	110,192	209,560	34,004	4,011.71	52.24
MSAMBWENI	142,306	146,087	288,393	59,484	3,227.24	89.36
KILIFI	535,531	574,204	1,109,735	199,764	12,609.74	88.01
KILIFI	218,491	237,806	456,297	83,742	3,925.42	116.24
KALOLENI	120,359	132,565	252,924	42,692	892.14	283.50
MALINDI	196,681	203,833	400,514	73,330	7,792.18	51.40
TANA RIVER	119,857	120,218	240,075	47,414	38,436.91	6.25
TANA RIVER	71,156	72,255	143,411	28,624	22,822.88	6.28

	Male	Female	Total	Households	Area in Sq. Km.	Density
TANA DELTA	48,701	47,963	96,664	18,790	15,614.03	6.19
LAMU	53,045	48,494	101,539	22,184	6,273.12	16.19
LAMU	53,045	48,494	101,539	22,184	6,273.12	16.19
TAITA TAVETA	145,333	139,324	284,657	71,090	17,084.04	16.66
TAITA	110,314	106,678	216,992	54,732	13,582.16	15.98
TAVETA	35,019	32,646	67,665	16,358	3,501.88	19.32
MARSABIT	151,110	140,056	291,166	56,941	70,961.19	4.10
MARSABIT	23,305	23,197	46,502	10,005	2,051.95	22.66
CHALBI	41,317	33,879	75,196	15,586	39,248.03	1.92
LAISAMIS	32,199	33,470	65,669	14,742	20,290.45	3.24
MOYALE	54,289	49,510	103,799	16,608	9,370.76	11.08
ISIOLO	73,693	69,601	143,294	31,326	25,336.07	5.66
ISIOLO	50,379	49,797	100,176	22,463	15,517.19	6.46
GARBATULA	23,314	19,804	43,118	8,863	9,818.88	4.39
MERU	670,656	685,645	1,356,301	319,616	6,933.02	195.63
MERU CENTRAL	70,316	71,452	141,768	37,209	790.15	179.42
IMENTI NORTH	129,912	129,035	258,947	73,300	1,540.71	168.07
IMENTI SOUTH	90,292	89,312	179,604	47,197	661.43	271.54
IGEMBE	238,958	243,798	482,756	99,290	2,819.01	171.25
TIGANIA	141,178	152,048	293,226	62,620	1,121.72	261.41
THARAKA	178,447	186,883	365,330	88,803	2,638.83	138.44
MERU SOUTH	62,177	65,930	128,107	33,259	624.00	205.30
MAARA	53,387	53,738	107,125	28,151	465.29	230.23
THARAKA	62,883	67,215	130,098	27,393	1,549.54	83.96
EMBU	254,302	261,910	516,212	131,683	2,818.04	183.18
EMBU	146,044	150,948	296,992	80,138	725.52	409.35
MBEERE	108,258	110,962	219,220	51,545	2,092.51	104.76
KITUI	481,283	531,426	1,012,709	205,491	30,496.51	33.21
KITUI	214,252	233,361	447,613	94,780	7,616.01	58.77
MUTOMO	86,170	93,978	180,148	32,896	12,834.72	14.04
MWINGI	115,670	129,311	244,981	50,967	5,224.34	46.89
KYUSO	65,191	74,776	139,967	26,848	4,821.44	29.03
MACHAKOS	543,138	555,446	1,098,584	264,500	6,208.24	176.96
MACHAKOS	223,520	219,410	442,930	117,873	1,975.53	224.21
MWALA	78,946	84,086	163,032	35,593	1,017.89	160.17
YATTA	132,440	141,079	273,519	60,212	2,460.08	111.18
KANGUNDO	108,232	110,871	219,103	50,822	754.73	290.31
MAKUENI	430,708	453,819	884,527	186,478	8,008.75	110.45
MAKUENI	122,443	130,873	253,316	52,004	1,710.24	148.12
MBOONI	84,786	93,046	177,832	37,302	894.59	198.78
KIBWEZI	123,065	125,639	248,704	52,979	3,985.31	62.41
NZAU	100,414	104,261	204,675	44,193	1,418.60	144.28
GARISSA	334,941	288,119	623,060	98,590	44,175.02	14.10
GARISSA	101,207	88,855	190,062	32,118	5,588.67	34.01
LAGDERA	133,160	111,963	245,123	37,383	13,300.00	18.43
FAFI	50,410	44,802	95,212	15,909	15,468.98	6.16
IJARA	50,164	42,499	92,663	13,180	9,817.37	9.44

	Male	Female	Total	Households	Area in Sq. Km.	Density
WAJIR	363,775	298,166	661,941	88,574	56,685.75	11.68
WAJIR SOUTH	71,435	58,635	130,070	18,504	21,595.73	6.02
WAJIR NORTH	73,633	61,872	135,505	17,592	8,554.58	15.84
WAJIR EAST	122,085	102,333	224,418	31,103	13,447.02	16.69
WAJIR WEST	96,622	75,326	171,948	21,375	13,088.43	13.14
MANDERA	559,938	465,818	1,025,756	125,497	25,991.47	39.47
MANDERA CENTRAL	225,577	191,717	417,294	50,226	11,682.66	35.72
MANDERA EAST	159,549	129,138	288,687	38,472	6,174.14	46.76
MANDERA WEST	174,812	144,963	319,775	36,799	8,134.68	39.31
SIAYA	398,650	443,654	842,304	199,034	2,530.38	332.88
SIAYA	257,707	292,517	550,224	130,705	1,534.02	358.68
BONDO	76,470	81,052	157,522	37,296	593.01	265.63
RARIEDA	64,473	70,085	134,558	31,033	403.35	333.60
KISUMU	474,756	494,153	968,909	226,719	2,085.93	464.50
KISUMU EAST	235,674	237,975	473,649	115,502	559.20	847.01
KISUMU WEST	68,814	76,093	144,907	32,992	358.69	403.99
NYANDO	170,268	180,085	350,353	78,225	1,168.03	299.95
MIGORI	444,358	472,812	917,170	180,211	2,595.94	353.31
MIGORI	161,084	174,789	335,873	70,516	1,167.15	287.77
RONGO	157,331	167,880	325,211	67,895	846.10	384.37
KURIA WEST	85,692	88,561	174,253	28,287	394.66	441.52
KURIA EAST	40,251	41,582	81,833	13,513	188.03	435.22
HOMA BAY	462,450	501,344	963,794	206,255	3,183.29	302.77
HOMABAY	174,304	192,316	366,620	79,540	1,169.87	313.38
SUBA	105,180	109,283	214,463	45,320	1,062.68	201.81
RACHUONYO	182,966	199,745	382,711	81,395	950.74	402.54
KISII	550,451	601,831	1,152,282	245,029	1,317.53	874.58
KISII CENTRAL	175,394	190,351	365,745	81,426	362.51	1,008.92
KISII SOUTH	54,582	60,033	114,615	24,049	127.01	902.43
MASABA	57,653	64,417	122,070	26,132	161.93	753.83
GUCHA	186,258	204,545	390,803	81,576	461.85	846.16
GUCHA SOUTH	76,564	82,485	159,049	31,846	204.23	778.79
NYAMIRA	287,045	311,207	598,252	131,039	899.28	665.25
MASABA	52,482	58,795	111,277	24,654	141.50	786.42
NYAMIRA	155,806	169,884	325,690	69,939	398.25	817.80
MANGA	41,678	46,181	87,859	19,295	111.32	789.25
BORABU	37,079	36,347	73,426	17,151	248.21	295.82
TURKANA	445,071	410,328	855,399	123,191	68,680.11	12.45
TURKANA CENTRAL	126,537	128,069	254,606	41,120	14,590.63	17.45
TURKANA NORTH	197,510	176,904	374,414	53,634	35,418.81	10.57
TURKANA SOUTH	121,024	105,355	226,379	28,437	18,670.67	12.12
WEST POKOT	254,826	257,864	512,690	93,777	9,169.45	55.91
WEST POKOT	89,671	91,392	181,063	35,263	2,317.46	78.13
POKOT NORTH	77,956	78,055	156,011	25,966	3,953.25	39.46
POKOT CENTRAL	87,199	88,417	175,616	32,548	2,898.74	60.58
SAMBURU	112,003	111,944	223,947	47,354	21,022.27	10.65
SAMBURU CENTRAL	51,521	53,531	105,052	22,820	3,937.42	26.68

	Male	Female	Total	Households	Area in Sq. Km.	Density
SAMBURU EAST	29,012	30,082	59,094	12,835	10,049.66	5.88
SAMBURU NORTH	31,470	28,331	59,801	11,699	7,035.19	8.50
TRANS NZOIA	407,170	411,587	818,757	170,117	2,495.53	328.09
TRANS NZOIA WEST	192,535	194,831	387,366	84,277	745.47	519.63
TRANS NZOIA EAST	96,593	98,580	195,173	39,119	629.78	309.90
KWANZA	118,042	118,176	236,218	46,721	1,120.27	210.86
BARINGO	279,081	276,480	555,561	110,649	11,015.32	50.44
BARINGO	79,913	82,438	162,351	34,938	2,477.94	65.52
BARINGO NORTH	46,227	47,562	93,789	19,734	1,703.49	55.06
EAST POKOT	69,889	63,300	133,189	21,291	4,516.81	29.49
KOIBATEK	83,052	83,180	166,232	34,686	2,317.07	71.74
UASIN GISHU	448,990	445,189	894,179	202,291	3,345.21	267.30
ELDORET WEST	196,227	195,428	391,655	88,956	1,090.76	359.07
ELDORET EAST	120,852	120,599	241,451	51,469	1,257.01	192.08
WARENG	131,911	129,162	261,073	61,866	997.44	261.74
ELGEYO-MARAKWET	183,736	186,262	369,998	77,555	3,029.78	122.12
MARAKWET	92,889	94,234	187,123	39,497	1,588.92	117.77
KEIYO	90,847	92,028	182,875	38,058	1,440.86	126.92
NANDI	376,488	376,477	752,965	154,073	2,884.18	261.07
NANDI NORTH	82,084	82,346	164,430	32,086	737.55	222.94
NANDI CENTRAL	114,393	116,661	231,054	48,359	704.45	327.99
NANDI EAST	62,691	59,768	122,459	28,371	537.06	228.02
NANDI SOUTH	78,210	79,757	157,967	30,768	525.45	300.63
TINDERET	39,110	37,945	77,055	14,489	379.67	202.95
LAIKIPIA	198,625	200,602	399,227	103,114	9,461.92	42.19
LAIKIPIA NORTH	16,927	15,835	32,762	6,733	2,600.17	12.60
LAIKIPIA EAST	71,649	70,385	142,034	40,676	2,970.38	47.82
LAIKIPIA WEST	110,049	114,382	224,431	55,705	3,891.37	57.67
NAKURU	804,577	798,748	1,603,325	409,836	7,495.07	213.92
NAKURU	239,226	234,062	473,288	129,841	1,495.28	316.52
NAKURU NORTH	103,315	108,376	211,691	51,224	593.31	356.80
NAIVASHA	190,083	186,160	376,243	105,318	3,034.62	123.98
MOLO	271,953	270,150	542,103	123,453	2,371.87	228.56
NAROK	429,027	421,893	850,920	169,220	17,933.05	47.45
NAROK NORTH	132,912	125,632	258,544	55,885	4,662.67	55.45
NAROK SOUTH	158,950	158,894	317,844	62,412	10,412.05	30.53
TRANS MARA	137,165	137,367	274,532	50,923	2,858.33	96.05
KAJIADO	345,143	342,169	687,312	173,464	21,900.97	31.38
KAJIADO CENTRAL	80,355	81,923	162,278	35,403	8,089.04	20.06
LOITOKITOK	68,836	68,660	137,496	29,703	6,411.00	21.45
KAJIADO NORTH	195,952	191,586	387,538	108,358	7,400.92	52.36
KERICHO	381,980	376,359	758,339	160,134	2,478.99	305.91
KERICHO	195,008	189,092	384,100	85,271	1,050.58	365.61
KIPKELION	103,870	102,720	206,590	42,310	1,107.32	186.57
BURET	83,102	84,547	167,649	32,553	321.10	522.10
BOMET	359,728	364,458	724,186	142,361	2,471.30	293.04
BURET	72,081	67,033	139,114	31,103	878.95	158.27

	Male	Female	Total	Households	Area in Sq. Km.	Density
SOTIK	92,786	95,182	187,968	35,936	540.77	347.59
BOMET	194,861	202,243	397,104	75,322	1,051.57	377.63
KAKAMEGA	800,977	859,674	1,660,651	355,679	3,017.66	550.31
KAKAMEGA CENTRAL	145,281	152,113	297,394	65,121	419.66	708.66
KAKAMEGA SOUTH	49,260	55,409	104,669	23,144	143.56	729.11
KAKAMEGA NORTH	99,713	105,453	205,166	40,635	427.39	480.05
KAKAMEGA EAST	76,808	82,667	159,475	34,177	411.88	387.19
LUGARI	141,818	150,333	292,151	59,476	668.86	436.79
MUMIAS	173,017	186,364	359,381	78,685	590.22	608.89
BUTERE	115,080	127,335	242,415	54,441	356.10	680.75
VIHIGA	262,718	291,904	554,622	123,347	564.47	982.55
VIHIGA	105,111	116,183	221,294	48,221	201.01	1,100.91
EMUHAYA	87,135	97,934	185,069	43,030	173.46	1,066.92
HAMISI	70,472	77,787	148,259	32,096	190.00	780.30
BUNGOMA	671,548	703,515	1,375,063	270,824	3,032.15	453.49
BUNGOMA SOUTH	198,714	209,884	408,598	83,295	666.35	613.19
BUNGOMA NORTH	155,771	164,529	320,300	61,486	559.53	572.44
BUNGOMA EAST	112,378	117,875	230,253	45,934	404.26	569.56
BUNGOMA WEST	118,566	124,969	243,535	47,648	445.46	546.71
MT ELGON	86,119	86,258	172,377	32,461	956.55	180.21
BUSIA	356,119	387,827	743,946	154,225	1,695.03	438.90
BUSIA	156,090	171,762	327,852	68,781	681.01	481.42
TESO NORTH	57,420	60,527	117,947	23,432	261.00	451.90
SAMIA	44,260	49,240	93,500	19,395	265.12	352.67
BUNYALA	31,719	35,004	66,723	15,245	188.29	354.36
TESO SOUTH	66,630	71,294	137,924	27,372	299.61	460.35

Source: Kenya Population and Housing Census 2009